



24-HOUR TELEPHONE HOTLINES

County Condado	Hotline number Teléfono de Emergencia	County Condado	Hotline number Teléfono de Emergencia	County Condado	Hotline number Teléfono de Emergencia
Adams	717-632-0007	Delaware	610-565-4590	Montgomery	800-773-2424
Allegheny	866-644-2882	Elk	814-772-1227	Montour	800-544-8293
Allegheny	888-299-4673	Erie	814-438-2675	Northampton	877-438-4957
Allegheny	866-782-0911	Erie	814-454-8161	Northumberland	800-850-7948
Allegheny	412-687-8005	Fayette	800-791-4000	Perry	800-852-2102
Armstrong	800-841-8881	Forest	800-338-3460	Philadelphia	866-723-3014
Beaver	877-629-1841	Franklin	800-621-6660	Pike	570-253-4401
Bedford	800-555-5671	Fulton	800-621-6660	Potter	877-334-3136
Berks	844-789-7233	Greene	800-791-4000	Schuylkill	800-282-0634
Blair	800-500-2849	Huntingdon	814-643-1190	Snyder	800-850-7948
Bradford	570-265-5333	Indiana	800-435-7249	Somerset	800-755-1983
Bucks	800-220-8116	Jefferson	800-598-3998	Sullivan	800-894-3706
Butler	800-400-8551	Juniata	717-242-2444	Susquehanna	800-257-5765
Cambria	800-755-1983	Lackawanna	800-257-5765	Tioga	800-550-0447
Cameron	814-486-0952	Lancaster	717-299-1249	Union	800-850-7948
Carbon	800-424-5600	Lawrence	724-652-9036	Venango	800-243-4944
Centre	877-234-5050	Lebanon	866-686-0451	Warren	800-338-3460
Chester	888-711-6270	Lehigh	877-438-4957	Washington	800-791-4000
Clarion	800-992-3039	Luzerne	800-424-5600	Wayne	570-253-4401
Clearfield	800-598-3998	Lycoming	800-326-8483	Westmoreland	888-299-4673
Clinton	570-748-9509	McKean	888-822-6325	Westmoreland	888-832-2272
Columbia	800-544-8293	Mercer	888-981-1457	Wyoming	570-836-5544
Crawford	888-881-0189	Mifflin	717-242-2444	York	800-262-8444
Cumberland	800-852-2102	Monroe	570-421-4200		
Dauphin	800-654-1211	Montgomery	800-642-3150		

Community Resources for Supportive Services

You have a right to be safe

National Domestic Violence Hotline Number: 1-800-799-SAFE (7233) or TTY 1-800-787-3224

Calling the National Hotline number will connect you to a referral for your local county program hotline.

Free, confidential help is available 24/7. To find your local program and the most updated information, visit:

www.pcadv.org/find-help/find-your-local-domestic-violence-program/

Contact Your Local Domestic Violence Agency.

There are people in your community who can help. If you or someone you know is living with domestic violence, contact your local domestic violence agency listed in this brochure. Domestic violence agencies provide free shelter, counseling, legal services, safety planning, and other help. You can also contact your local legal services office to find out about your legal rights. Both domestic violence and legal service agencies provide services that are **free and confidential**.

Contact Your Local County Assistance Office (CAO).

While you are not required to report domestic violence, you may want to talk to your caseworker to get help. After talking to your caseworker, you may be excused from some program rules if following those rules puts you or your children in danger of domestic violence. Remember, any information you share with your caseworker about domestic violence is confidential.

The following program rules may not apply to families living with domestic violence:

- **Work**
You may be temporarily excused from working, looking for work, going to school or attending job training if these activities put you or your child in danger of domestic violence.
- **Child Support**
You may be excused from some child support rules if giving information about the parent of your child or going to court for child support puts you and your family in danger.
- **Teen Parents**
If you are an unmarried parent under the age of 18, you may not be required to live with your parent or another adult, if living with that person is dangerous to you or your child.
- **Time Limits**
You may be excused from certain cash assistance time limits.

We understand that talking about domestic violence is very personal. You can request to speak to your caseworker in private about domestic violence at any time, even if you may find it difficult to talk about it now. It's important to get help. Even if you tell your caseworker about domestic violence at a later date, you may still be excused from certain program rules at that time.

PLEASE CALL 911 IF YOU ARE IN IMMEDIATE DANGER!

What is Domestic Violence?

Domestic violence is a pattern of abusive behavior in any relationship that is used by one partner to gain or maintain power and control over another intimate partner.

Domestic violence can be physical, sexual, emotional, economic, psychological, or technological actions or threats on social media and through texting of actions or other patterns of coercive behavior that influence another person within an intimate partner relationship. This includes any behaviors that intimidate, manipulate, humiliate, isolate, frighten, terrorize, coerce, threaten, blame, hurt, injure, or wound someone.

Examples of abusive behavior include but are not limited to physical abuse, sexual abuse, emotional abuse, economic abuse, psychological abuse, technological abuse, sexual harassment, sexual assault, and stalking.

**Confidential help
is available at
your local CAO.**



pennsylvania
DEPARTMENT OF HUMAN SERVICES